

# Message Service Community

Established in 1926 by the Catholic Daughters of the Americas®, JCDA is a program for Catholic girls, in two age groups: Juniores (ages 6-10) and Juniors (ages 11-18) organized into local courts (chapters). In some areas, both age groups meet as a single court.



The purpose and mission of the JCDA program is divided into a threefold program of Message, Service & Community and is based on 4 objectives and goals:

- ✦ To promote the development of the whole person through programs of self-identity, personal growth and peer group relationships;
- ✦ To promote service to others in the parish, community and JCDA;
- ✦ To encourage spiritual growth by providing opportunities for personal prayer, liturgy and ecumenical understanding; and
- ✦ To encourage programming that is creative, open, flexible, and current to the needs and concerns of a particular area.

Does JCDA sound like a place where you, or a young lady in your life, can find a place to make friends, practice the Catholic faith and live a life of service?

If so, join us!

Learn more about your local JCDA court by contacting:



**Catholic Daughters of the Americas®**

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**Junior Catholic  
Daughters of  
the Americas**

Helping  
Girls to  
Live Lives  
of Service



Youth have a  
right and duty to  
be active participants  
in the work  
of the Church.

**The Junior Catholic Daughters  
of the Americas must not only  
accept the Christian message,  
but also act on it.**

**They must be moved to build  
community in all areas of life.**

**Today's world requires that  
Christians become involved in  
seeking solutions to problems  
such as violence, poverty,  
abortion, discrimination  
in any form and other  
current issues.**



**So, just  
how does  
JCDA live  
this threefold  
mission?**

### Message

There are various ways that girls can benefit from the Catholic message of JCDA.

They might participate in Retreats or Days of Recollection; pray the Rosary or lead a prayer circle; sponsor special Masses or programs for Advent, Lent, Easter, Christmas, and more. Juniors may organize themselves to attend World Youth Day; participate in the World Day of Prayer, Million Rosaries for the Unborn and Weeks of Christian Unity; and work towards achievements in religious recognition programs such as Family of God, I Live My Faith, Marlon Medal and Spirit Alive.

### Service

Service, along with charitable works, is at the core of all Catholic Daughter activities.

Junior courts may work to raise funds and awareness for charities such as Covenant House, Smile Train or Misericordia, as well as innumerable other issues regarding healthcare, Right to Life issues, or disaster relief efforts.

The girls in JCDA enjoy visiting nursing homes and shut-ins, working with the infirm and handicapped, collecting items for needy families, Toys for Tots and veteran support. They volunteer at hospitals, teach religious education, offer babysitting services and form choirs and performance troupes.



### Community



Participation in the local community is the patriotic duty of all JCDA members.



Girls in JCDA are often seen helping at a local park clean up day, marching in parades or handing out American flags at the local shopping center.



Juniors are encouraged to participate in CDA scholarship and education contests, take advantage of leadership training programs and keep informed on legislative issues

and current affairs. They both sponsor and attend programs to advance awareness of the dangers of drug abuse and alcoholism, as well as, the importance of ensuring personal and Internet safety.

**The JCDA goals and objectives  
can be realized in many ways  
through varied activities.**

**The program is flexible and  
enables each court to use its  
resources and the talents of those  
involved to develop a program  
of interest to its membership.**