

# PRESCHOOL READINESS

## self-care

	uses the bathroom independently
	washes and dries hands
	able to dress self
	can put on a coat

## communication

	speaks in complete sentences
	can speak clearly
	sings simple songs with an adult
	responds to verbal cues
	seeks help when needed
	converses with other children

## social-emotional

	able to share and take turns
	interacts with peers
	pays attention
	expresses feelings and needs
	able to independently play
	separates from parents with ease
	able to wait for a few minutes
	self-regulates emotions
	cares for school materials
	listens while others speak
	is polite to peers & adults
	helps classmates
	follows 1-2 step instructions

## fine motor

	shows hand-eye coordination with building blocks and simple puzzles
	open and closes scissors
	begins to show hand preference
	draws horizontal & vertical lines

## gross motor

	can run without tripping or falling
	maintains balance in everyday tasks
	uses both sides of the body to perform bilateral tasks
	jumps with two feet
	can gallop
	can skip
	rides a tricycle

## cognitive

	identifies colors
	recognizes basic shapes
	counts to ten or more
	sorts objects by color, size, or shape
	holds a book properly and turns pages
	knows some letters
	recognizes the first letter in their name
	understands that words convey a message in a story

