

HAD DISEASES OR PREDISPOSITIONS TO ILLNESS

Arthritis, Cancer, Diabetes, Depression, Fibromyalgia, Headaches, Heart Trouble, High Blood Pressure, Mental Retardation, Mental Disturbances, Nervous Breakdowns, Respiratory Disease, Skin Problems, Ulcers, etc.

HISTORICAL FAMILY

- Was involved in <u>events</u> of great sin, evil or trauma (e.g. lynchings, ethnic cleansing, genocides, massacres, unjust wars, conquests, plagues, Trail of Tears, sex trade, etc.
- Was a part of Nazism, Communism, Dictatorships, Revolutions, Anarchy
- Had negative traits from Ethnic origin: cultural evils & curses from (Native American, European, Asian, African or Caribbean ancestry)

IN UTERO WOUNDING

- Was conceived in lust, rape or out of wedlock
- Parent considered or attempted an abortion or adoption
- Were rejected by either parent during pregnancy
- Were a difficult pregnancy e.g. labor was long, hard or there was serious bleeding
- Loss of their father
- Pregnant mother had a life-threatening illness during pregnancy
- Baby had a life-threatening illness during pregnancy
- Mother had a miscarriage or abortion before you were conceived

OCCULT, WITCHCRAFT OR NEW AGE PRACTICES

- Were Superstitious
- Had a fascination with ghosts or haunted places
- Were involved in Alternative Health Practices (See pg. 21-23 of Level 2 Manual)
- Were involved in False Religions (See pg. 24-25 of Level 2 Manual)
- Joined some level of Freemasonry (See list on pg. 20 of Level 2 Manual)
- Were involved in the Occult (See occult list on pg. 26-30 of Level 2 Manual)
- Were involved with Wicca or joined a Coven
- · Were a Satanist or were involved in a black mass
- Made a blood covenant with someone
- Were involved with a witch

GRIEVOUS OR HABITUAL PATTERNS OF SIN

- Had an addiction to pornography, masturbation, lust or sex
- Had sex outside of marriage
- Engaged in adultery, polygamy, prostitution or divorce
- Involved in homosexuality, lesbianism, transgenderism
- Committed incest or rape
- Involved in sexual perversions or bestiality
- Was violent or abusive (physically, mentally, emotionally, spiritually, verbally)
- Was racially prejudice or participated in slavery or the KKK
- Was an angry or judgmental person
- Was religiously prejudice
- Murder, Pride, Greed, Materialistic, Arrogant, Hateful, Bitter w/unforgiveness, selfish
- Was addicted to alcohol, drugs, food, gambling, nicotine
- · Was controlling, dominating, manipulative, vengeful or depressed

PREPARING A FAMILY TREE

A good way to trace any curses upon your life is to fill out a family tree. A family tree can show you where any problems originated and how they've passed down the family line. Begin on the left with yourself. Fill in your name and list any problems you have. Continue in this way up the family tree, as far as you can remember, listing any problems for each family member. Some problems are obvious, e.g. alcoholism, Freemasonry, while others are known only to God. Ask your cousins, parents, grandparents and relatives if they know of any information on ancestors that could help. Don't worry about what you don't know. God is very merciful. He can heal great traumas through Generational Healing Prayer without your knowing their exact cause. In some cases, it may be necessary for Generational Healing Prayer to be repeated several times for family bloodlines. Keep interceding on behalf of your loved ones.

To construct your family tree, go back four generations. List under each family member's name every issue that you would like to bring to the Lord for healing. If you were adopted, simply include any information you have that may pertain to them. Also do a tree for you and your adoptive family. Each spouse and adult child need to do a separate family tree for themselves. Once you have finished putting together your family tree, try to connect the dots and look for patterns of sin, trauma, occult, suffering, etc. that have come down the family blood lines. Ask the Holy Spirit to reveal his truth to you in what has oppressed your family through the years. It is essential to list under each member's name all problems in order to break the patterns of generational bondage. Below are some of the common areas of generational bondage or sin.

UNUSUAL AND VIOLENT DEATHS OR SEVERE TRAUMA

Identify by name the members of your family tree who:

- Committed or attempted suicide
- Was murdered or died tragically
- Committed an abortion or helped someone else
- Had repeated miscarriages, endometriosis, hysterectomy, female problems
- Died in a mental institution or alone at home, in a nursing home or prison (list those who felt lonely, unloved and/or abandoned
- Those who did not receive a Christian burial, committal services or were un-mourned
- Those whose death was grieved in an unhealthy way
- Accidental deaths or early deaths
- Suffered severe traumas such as accidents, falls, house fires, drownings, rapes, abuse